Term 4 – Week 3
Edition No 16
19 October 2016

Dear CSPS Community,
At the moment I am on leave from school as my family has been thrown into that space that too many of our CSPS families have been before us. My husband was diagnosed with cancer a couple of weeks ago and there is no doubt that we have a long, rough road ahead. There has already been one successful operation, which is the sort of positive outcome we are expecting from the treatment ahead. We are so very lucky that we have had much support from friends, family and the CSPS staff and community. For this, I am extremely grateful. Although I am on personal leave, I am also currently working mainly from home, as well as being at school as I am able to manage. In the short term this arrangement will continue and Gill Bartholomeusz will continue to be my ever-willing backup. Thank you to Gill and to all the staff who have so readily taken on additional workload in these circumstances.

This experience is a timely reminder to all of us, as teachers and parents, of the importance of helping our children to develop resilience, inner strength and empathy. We want our children to learn to deal with disappointment and to manage when things go wrong (and go wrong repeatedly). We want to enable them to take responsibility for their part in finding solutions and working out the best and most positive way forward. We want them to be able to understand what another person is feeling or experiencing and to consider someone else’s point of view. If we can support them to develop these skills, they will be well prepared to live a happier, more positive life and to deal with the everyday challenges that arise. Importantly, they will be in a so much better position to manage the truly difficult situations in life.

I hope to share good news with you all down the track.

Warm regards,
Gayle

PRINCIPAL’S REPORT

Have you downloaded tiqbiz to enable quick access to Qkr and so you don’t miss out on important information?

SECON DHAND UNIFORM SHOP 2016
Upstairs, (Near Year 3 rooms) Cash only, please
The Secondhand Uniform shop will be open fortnightly
Next Opening time: Monday October 24th : 8.30am – 9.10am
Dana and Kellie will be happy to serve you. Correct money/small notes and change would be appreciated

VOLUNTEERS REQUIRED FOR 2017
Please leave your details at the office if you can assist.

Term Dates 2016
Term 4: 3 October to 20 December
Term Dates 2017
Term 1: 30 January (school teachers start) to 31 March
Term 2: 18 April to 30 June
Term 3: 17 July to 22 September
Term 4: 9 October to 22 December

NO SCHOOL ASSEMBLY THIS FRIDAY DUE TO TRIVA NIGHT SET UP

LUNCH ORDER DAYS
Mon, Tues, Thurs, Fri
LUNCH ORDER LIST CAN BE FOUND ON TIQBIZ UNDER 'NOTICES' OR ON THE SCHOOL WEBSITE
Mini Pizzas only available on Tuesdays

LUNCH ORDER LIST CAN BE FOUND ON TIQBIZ UNDER 'NOTICES' OR ON THE SCHOOL WEBSITE

PRICE LIST CAN BE FOUND IN THE NEWS & NOTICES SECTION ON THE SCHOOL WEBSITE

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Please regularly check the Community Calendar on the CSPS Website or via tiqbiz for all other Key dates.

Some Key dates coming up...

DIARY DATES:
Wednesday October 19
School Council Meeting 6.15pm
Thursday October 20
Year 3 Parents Camp Meeting 3.45-4.30pm
Saturday October 22
Trivia Night
Tuesday October 25
PREP A Junior Assembly – 3pm (Hall)
Thursday October 27
Family Life Info Sessions:
Years 1 & 2: 5.45pm – 6.45pm
Years 3 & 4: 7.00pm – 8.00pm
Years 5 & 6: 8.15pm – 9.15pm
Friday October 28
National Bandanna Day – wear your Bandanna (available for purchase at the office)

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ASSISTANT PRINCIPAL’S REPORT

Improving Academic and Educational Outcomes in Schools

Last Friday I attended a conference held by WISA, Wellbeing in Schools Australia. School leaders, school counsellors, wellbeing coordinators, teachers, educational support staff and carers were in attendance. Dr Bret Hartman, keynote speaker, discussed the determinants that enabled students to thrive educationally and maintain good health otherwise they were at risk of disengagement, poorer health and limited life outcomes.

Roger Holdsworth from the University of Melbourne and Vic Student Representative Council held a workshop which provided concrete examples of how empowering students and giving them a voice in schools impacts directly on their self-esteem, confidence, sense of belonging and educational productivity. Brad Felstead, from Felstead Education explained the critical importance of sleep for positive student educational outcomes. There is a direct relationship between sleep and cognitive performance. Deprivation of sleep impacts on memory consolidation and higher order thinking skills.

Trivia Night- A Touch of Spring!
The final touches are being made; beautiful hampers have been created and the silent auction prizes are ready to go. Don’t forget to save gold coins and cash for games. Table groups have discussed the tasty morsels they are bringing along and the outfits are ready to go! The organisers have done an amazing job; the Touch of Spring is the culmination of many months of preparation.

Look forward to seeing you there. 7.30pm arrival for 8pm start

2017 Grade Placements
Thank you to the parents who have informed Gayle Yardley or me by email or letter about considerations that will assist teachers with grade allocations. As mentioned in the Week 1 newsletters, the teaching staff must be recognised for their professionalism and commitment when arranging the annual allocation of students to their future classes. Parents may contribute information surrounding academic, social or behavioural considerations, which are taken into account along with the student choices that are given prior to decisions about grade placements. Letter and emails may be sent until Friday October 21st.

Swimming Survey
A swimming survey will be coming home with each child today. Please take the 5 minutes to complete the questionnaire, providing us with welcome feedback. Mr Gibson has taken time to research and find the most appropriate venues for our students. Swimming venues can be restrictive when offering dates in their very busy calendar. Thank you for your response in advance.

2017 OfficeMax Book Supplies for Your Child –Order Now
Instructions for ordering the 2017 year level book pack online will be sent home today with students. Caulfield South P.S. uses the OfficeMax ‘Back to School’ process to order, pay and deliver student’s books by post to parents’ home addresses.

Please note that postal charges vary according to the ordering date:
OfficeMax orders on or before December 4th : free
OfficeMax delivery fee on or before December 18th : $9.95
OfficeMax delivery fee on or after December 18th : $19.90

Don’t leave ordering your school supplies until the last minute! CSPS Year Level Book Pack Requirements Lists are ready to view on officemaxschoools.com.au. (Access Key: 18UM99 ) All you need to do is jump online, view the list, make any changes you like, and then submit your order. It’s that simple.

2017 Year 7 Students Uniform Packs
Parents please contact your child’s new secondary school to receive an application for the CSEF Uniform Pack. State Schools Relief is continuing to support students who are recipients of the Camps, Sports and Excursion Fund ( CSEF). Applications open on Wednesday November 2nd.

Positive Parenting Telephone Service- 1800 880 660
Gateway Health is trialling a parent support program delivered via telephone or online specifically for grandparents, fathers and rural families from across Victoria who sometimes find it difficult to attend parent support services in person. See Community Notice Board for further details.

Alert- Important- risk of increased gastroenteritis
Parents please be aware that the Department and the Victorian Infectious Diseases Reference Laboratory has identified a new strain of norovirus in Victoria which may lead to a significant increase in cases and outbreaks of gastroenteritis due to norovirus, over the coming months.

Please be aware of the following facts:
- Gastroenteritis can cause dehydration, especially in young children and babies.
- Everyone, especially children, needs to drink plenty of clear fluids if they have gastroenteritis.
- Avoid spreading gastro - wash your hands with warm water and soap.
- Make sure your child drinks clear fluids - they need extra fluids to replace fluids lost by diarrhoea and vomiting. It is important for the fluids to be taken even if the diarrhoea seems to get worse. It will help if you:
  - Give older children a drink (150-200 ml) after every big vomit or bout of diarrhoea
  - Take your child to the doctor if they vomit often, are not drinking and show any signs of dehydration. You should also see the doctor if there is blood in the bowel motion. Do not give medicines to reduce the vomiting or diarrhoea
  - Your child may refuse food at first. This is not a problem as long as they drink clear fluids. Doctors now suggest there is no need to restrict food. Generally, if your child is hungry at any time, give them the food they normally eat.

Gill Bartholomeusz
Assistant Principal

JUNIOR SCHOOL COUNCIL NEWS

FRIDAY OCTOBER 28, 2016
National Bandanna Day is being held throughout October to raise money to provide support to young people across Australia when cancer strikes.

Bandannas cost $4.00 and are being sold in the office as well as classrooms.

On Friday October 28 wear your Bandanna to support National Bandana Day.

At CanTeen bandannas are seen as a symbol of hope and empowerment, and they’re proudly worn by the young people we support as they go through their cancer experience.

FAMILY LIFE SESSIONS:
Thursday 27th October in our School Library

Years 1 and 2: Thursday, 27 October, 2016 at 5.45pm - 6.45pm
Years 3 and 4: Thursday, 27 October, 2016 at 7.00pm - 8.00pm
Years 5 and 6: Thursday, 27 October, 2016 at 8.15pm - 9.15pm

One session - $20 per family
Two or more sessions - $25 per family

Closing date for payment: 20th October, 2016
ITELI CULTURAL ACTIVITIES MORNING
WEDNESDAY 2nd NOVEMBER 2016

To assist with transition into the 2017 school year and to celebrate all things Italian, students will take part in a Cultural Activities Morning on Wednesday 2nd November, the day after the Cup day long weekend. The children will be rotating through a variety of activities whilst working with a variety of teachers during the course of the morning. Children are invited to come to school dressed as an Italian character or in something with an Italian theme, or simply wearing the Italian colours verde, bianco e rosso (green, white & red). So put your thinking caps on, check out what you have in your wardrobe and get yourselves organised for an exciting Italian adventure!

Visiting performance group La Comica Variety Co. will be presenting their show Ristorante Mangiabanana in the school hall. There will be 2 shows; the first at 10am and the second after recess at 11.30. Tom the gelato man will also be visiting our school with his gelati van and children may also pre-purchase a single cone rainbow flavoured gelati Italian ice-cream if they wish to do so.

A note was sent home this week outlining details and the cost of the performance and the gelato.

Please remember to return the reply slip and money to class teachers as soon as possible.

Grazie,
Sophie Bilionis (Italian Teacher)

The Italian word-of-the-week is NUOTARE.
It means TO SWIM.

Grazie, Sophie Bilionis Italian Teacher

Year 3 & 4 Working Bee Are you coming?
One of the accomplishments of our previous working bees has been the beautification of our front garden, led by our ‘resident Green Thumb’! Thank you Lubana!

Attention: All Year 3 & 4 Parents/Children
Working Bee followed by a BBQ!
Term 4 Sunday 6 November 2016

Our last working bee for this year will be held from 10am – 1.00 p.m. on Sunday 6th November 2016. Please make a note on your calendar/diary. We are targeting Year 3 & 4 parents/children this time which will be an opportunity for a bit of a catch up/family day together to look after our beautiful school. (Children must be accompanied by an adult).

Please come along to give some volunteer time to improve our grounds. Your contribution would be much appreciated and a sausage sizzle will be provided after a couple of hours of work (and a bit of play of course!).

For your information some jobs that are being planned are listed below:-
- Weeding
- Pruning
- Composting

Many thanks from Andrew Ryan and the School Council Facilities Sub-committee

PARENTS’ ASSOCIATION

<table>
<thead>
<tr>
<th>Event &amp; Organisers</th>
<th>Date</th>
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<tbody>
<tr>
<td>MAJOR FUNDRAISER – TRIVIA NIGHT</td>
<td>22 Oct</td>
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<tr>
<td>Nicky Postan, Melanie Gordon, Miriam Wynne</td>
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<td>TWILIGHT MARKET</td>
<td>Thurs 1 Dec</td>
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<td>Netasha Maletsky</td>
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<td>PREP TRANSITION/ MINOR FUNCTIONS</td>
<td>3, 10, 17 &amp; 24 Nov</td>
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<td>MANGO DRIVE</td>
<td>End of Term 4</td>
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<td>Chrissy Cananzi, Kerry Perstein</td>
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COMMUNITY NOTICEBOARD

(Details located beside the double glass doors–near Prep A)

Glen Eira City Council’s ......GROOVE AND GRAZE
A family friendly event with food, pop-up bar and live entertainment. No bookings required:
Sunday 6 November Hopetoun Gardens, Elsternwick 3pm – 9pm
Further details for Groove and Graze can be found on the noticeboard or online www.gleneira.vic.gov.au/groove

Barrel harvest day
On Tuesday last week, the Green Machinners spent their lunchtime out at the barrels. They weeded, watered, composted and harvested.

There were carrots, snow peas, potatoes and dill ready to be picked and eaten. Many lucky students took the goodies from their barrels home, and were very excited! Comment of the day: ‘Wow, this tastes like a real carrot.’

Great job Green Machine! How lovely to reap the rewards of your hard work. We hear garlic and red peppers are on their way next!
WE ARE FINALISTS!!

ResourceSmart Schools Awards

Well done to all of the 2016 finalists!

Earlier this year, Green Machine applied to be ‘waste primary school of the year’ through ResourceSmart. The ResourceSmart Schools Awards are Victoria’s largest sustainability awards program celebrating the achievements of schools and early childhood services. Out of all of the schools in Victoria, only four are chosen as finalists.

Waste Primary School of the Year finalists:

- Caulfield South Primary School, Caulfield South
- Mentone Primary School, Mentone
- St Kilda Primary School, St Kilda
- St. Macartan’s Parish Primary School, Mornington

Our major initiatives to help reduce our landfill waste by 50% were:
- Co-mingled recycling bins with new signage
- Electronic newsletters.
- Nude Food Wednesdays and Nude Food tree in the hall to celebrate. Each assembly, one class was selected and announced as Nude Food Champions.
- Year 4 Inquiry Unit on waste.
- Leadership purchased green cleaning products for rooms
- Changed toilet paper and hand towel.
- Introduced large school composting system and caddy in each classroom.
- Developed a staff booklet with a series of waste-related lessons to run and conducted staff PD sessions around this program.
- New colour coded bins in the yard and in each classroom.
- Student-designed signage for bins
- Waste Busters in each class, responsible for taking action and monitoring class successes.

After a lot of effort, help and persistence, we finally got there and are thrilled to be finalists for the Waste - School of the Year Award.

Stay tuned for the results, fingers crossed!

Green Machine.

Platters / bowls etc waiting for collection following the World Teachers’ Day lunch

Following the wonderful World Teachers’ Day lunch we have quite a few platters / bowls etc. that are awaiting collection.

Please come to the School Office to claim them if they are yours!

Thank you all again!
Walk to School this October and kick-start your child’s active habits for life.

VicHealth’s Walk to School month encourages primary school children to walk, ride or scoot to and from school throughout October, to help them get the 60 minutes of physical activity they need each day.

Walking to and from school can also give you more time to connect and chat with your kids, and the opportunity to meet up with other local families along the way.

If you can’t walk all the way, your child can still get involved – simply drive part way and walk, ride or scoot the rest!

Your family can get involved

Taking part through your child’s school

If your child’s school is taking part in Walk to School, your child’s teacher will record how many times students walk to and from school during October, using a classroom calendar. Schools with the highest participation levels in each region will be eligible for some fantastic prizes – so each time your child walks, they’ll also be increasing their school’s chances!

Taking part online

If your child’s school is not taking part in Walk to School, your child can still participate, and make their walking count, by signing up, with your permission, via the Walk to School website www.walktoschool.vic.gov.au. Your child can then keep track of their walks during October, and contribute to the state-wide effort taking place during October.

Competitions and prizes

Regardless of how many times they walk, children can enter fun walking-themed competitions each week, and have a chance of winning some fantastic prizes. Competitions will be promoted on the Walk to School website and Facebook page throughout October.

Our community partner

Walk to School 2016 is proudly supported by our Official Community Partner, Melbourne City FC.

Schools and students participating in Walk to School 2016 will have the chance to win fantastic prizes from Melbourne City FC.

More information

walktoschool@vichealth.vic.gov.au
www.walktoschool.vic.gov.au
www.facebook.com/WalkToSchool
twitter.com/WalkToSchoolVic

What information will be collected?

Why does VicHealth collect information about school and student Walk to School participation?

By collecting information about participation, VicHealth will be able to work out new and better ways to encourage children to be active.

VicHealth will use the data we collect to see how much walking is happening in different parts of Victoria, and to measure the impact of Walk to School on walking behaviour. We will use aggregate data for individual schools, schools within a region, and schools in the state, so we can evaluate participation, identify walking trends and behaviour, and measure program
effectiveness. VicHealth may publish Walk to School results at the school or state level in VicHealth publications or other publications.

**Classroom calendars**

If your child’s walks are recorded on a Walk to School classroom calendar, your child’s teacher will record your child’s name, how many times they usually walk to and from school each week, and how many times they walk to and from school during October.

Schools will be asked to provide a summary of their participation data to VicHealth in November 2016. If schools ask VicHealth or the Walk to School coordinator at their local council for assistance, VicHealth or the local council may collect the school’s classroom calendars to summarise and report the school’s participation. VicHealth may also collect and analyse a sample of classroom calendars to understand student walking patterns.

**Walk to School website**

VicHealth administers the Walk to School website. If you register your child online, you will need to provide your child’s name and user name, password, and email address (optional). We won’t ask for your child’s date of birth, phone number or address.

To collect information about your child’s walking activity, we’ll ask how often your child usually walks to and from school each week, the distance you live from school, and which days they walked during October. We will provide an online map to help you work out how far you live from school, but will automatically delete the addresses you enter on the map as soon as you close that page.

**Who will have access to participation data?**

Information collected on classroom calendars will only be accessed by your child, your child’s teacher and your school’s Walk to School coordinator. If schools ask VicHealth or their local council for assistance, VicHealth or the local council may collect the school’s classroom calendars to summarise and report the school’s participation. VicHealth may also collect a sample of classroom calendars to understand student walking patterns. VicHealth and local councils will securely store and destroy classroom calendars once summary data has been reported.

Information collected on the Walk to School website will only be accessed by your child and VicHealth. Your child’s name or user name is only collected to allow VicHealth to administer the online student portal and create aggregated participation reports. If you choose to provide an email address as part of your child’s profile, the email address will only be used to provide you with information about Walk to School 2016 and to allow your child’s user name to be recovered or their password to be reset if they are forgotten.

We may post some entries from our weekly competitions on our website and Facebook page. We will ask you directly for your permission before posting your child’s entry online.

VicHealth may share de-identified participation data with our evaluation team at Deakin University for the purposes of analysing and reporting on the outcomes of Walk to School.

VicHealth will securely store and destroy classroom calendars once analysis has been completed. Only aggregated data will be used for reporting, and no individual will be identified. All personal information about your child will be securely stored and destroyed by June 2017.

**What if I don’t want my child to participate?**

Participation is voluntary, as is the collection of personal information.

If your child’s school is taking part in Walk to School but you do not want your child’s teacher to record how many times your child walks to and from school during October, ask your child’s teacher not to include your child’s name on their Walk to School classroom calendar.

If your child has been registered on the website, and you want their profile deleted, you can delete it or ask VicHealth to delete it.

If you choose not to record your child’s walks, your child can still enter weekly Walk to School competitions during October. And of course, you can still walk to school as often as you like, and enjoy the benefits!

**Your privacy**

If you wish to gain access to, or request the correction of, your personal information held by VicHealth, or if you have any other enquiries regarding privacy, contact the VicHealth Privacy Officer at privacy@vichealth.vic.gov.au.
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Gary Peer is proud to support Caulfield South Primary School

When it comes to real estate, Gary Peer & Associates is the primary choice. Our auction clearance rate is consistently better than the Melbourne average and our service is top-class.

Thinking about selling? Contact Licensed Estate Agent, Glenn Bricker on 0419 359 047.

GARY PEER
348 Orrong Road Caulfield 9526 1999
55 Inkerman Street St Kilda 9066 4688
42 Koornang Road Carnegie 9563 1666
garypeer.com.au
Information / Registration forms are available either outside the school office or on the CSPS website www.caulfieldps.vic.edu.au under the News & Notices link.

CAULFIELD SOUTH CHESS CLUB - CHESS IDEAS
Registration Forms for Term 4 2016 are available from the office or the CSPS Website
Classes commence Wednesday October 5th
More information / Payments can be made online www.chessideas.com.au